

FCCLA Planning Process Summary Page

IDENTIFY CONCERNS



I want to make an instructional video on preparing cream puffs. My concerns are:

- The content may not be intriguing to younger audiences.
- The content might exceed the timeframe.
- I wouldn't be able to have enough time to finish all the steps of this project.

SET A GOAL



My goal during this project is to be able to successfully film and edit a video showing how to make cream puffs, while teaching my audience about the steam method, mise en place, and how to practice safety and sanitation when cooking/baking. I will also align my project to the FCS National Standard 8.5.10 and be completed by January 29, 2026 per my Adviser's instructions.

FORM A PLAN (WHO, WHAT, WHEN, WHERE, HOW, COST, RESOURCES, AND EVALUATION)



- Who: Myself, my advisor (Kathryn Jett-McVea) and one other chapter member who has competed in this category before for reference
- What: Filming a video on "How to Make Cream Puffs" while using the steam method, mise en place, and teaching safety and sanitation.
- When: January 2, 2026 to January 29, 2026
- Where: My house
- How: I filmed the steps of making cream puffs in my kitchen.
- Cost: \$25 for flour, milk, eggs, butter, whipped cream, and instant pudding, along with basic staples
- Resources: Kitchen and equipment, recipe ingredients, camera and editing supplies

ACT



After I chose my topic for my project, I started to plan out my steps to successfully complete my project by the due date. I chose when I would film my video and with who. I then got all my ingredient and equipment prepared. After filming I edited my video using Canva.

FOLLOW UP



In conclusion, I got more familiar with editing on Canva and how to film a video. For next time, I will be more skilled with my editing tools and add more elements into my video.